



SAINT THOMAS TIDINGS

March 2020



Prayers of The People

Pray for anyone who suffers from any kind of grief, trouble or illness especially **Fr. John, Bill, Jean, Marion, Charline, Dawn, Sheri, Nick, Elanor, Nicholas, Tina, Nancy, Alison, Kaz, Michael, Janna, Krystal, Cindi, Mark, Lily, Robyn and Gad. Deliver them from their distress.**

Pray for those serving in our armed forces especially, **Casey, Nicholas, Jim, Trevor, Aaron, Christine, Alan, Mitchell, Emily, Steven, Chris, Chelsey. the 200th Red Horse Squadron and the 393rd U.S. Air Force Bomb Squadron. Protect, guide and comfort them and bring them home safely when their work is done.**

A Message from Pastor Beverly

Many people wonder why we celebrate Lent because nowhere in The Bible is Lent mentioned. The observation of Lent dates back to the Council of Nicaea in 325 C.E. The Council of Nicaea is best known for – the ‘Nicene Creed’ – which we recited every Sunday morning immediately after the sermon. However, the council also issued twenty canons at that meeting, dealing with various aspects of church life, and the fifth of these canons addresses Lent.

It’s at this Council that the first recorded history of Lent was mentioned. It was decided that there should be a preparation for Easter which was to last for forty days. The word for Lent in Greek means ‘forty’ and up until that time Christians had prepared for Easter Sunday by observing just the two or three days before Easter, called Holy Week. The forty days is symbolic of the forty days that Jesus spent in the wilderness after his baptism.

Ash Wednesday is not specifically mentioned in the Bible either, but from Biblical times, sprinkling ashes over one’s head was a sign of sorrow for sins, but the actual practice of Ash Wednesday didn’t begin until somewhere in the 11th Century, Many credit Pope Gregory the Great with putting the tradition of Ash Wednesday into practice. The ashes are prepared by burning palm branches from the previous Palm Sunday.

Announcements

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March Ladies Night Out

The next Ladies Night Out will take place on Tue, March 24th (4:30 PM), at Waldo Peppers. Please sign-up if you would like to attend so that Sue may call ahead and let them know we are bringing a large group.

Lenten Bible Study

During the season of Lent, Pastor Beverly will be leading “Wind in the Wilderness: A study of the Prophets. Bible studies will be Wednesdays, at 11 AM in conference room followed by stations of the cross in sanctuary at noon.

Community Meal Information

At this month’s community meal, we served chicken with noodles. We spent \$118 and served 118 meals (72 inside and 42 carry-outs). We received \$266 in donations and 12 people volunteered to help. Next month we will be serving meatloaf and mashed potatoes.

Lenten Activities in March

Please see calendar.

Information about Pastor Beverly’s Lenten Sermon Series: The Psalms

During Lent I will begin a Sermon series on the Psalm. I will prepare my sermon using the Psalm in our Lectionary for that Sunday. I feel that often times we just pass over the Psalms, forgetting that they are a very important part of our Bible. They are included in our Lectionary for a reason, and my hope is that you will find meaning and comfort in them.

The Book of Psalms, sometimes referred to as the Psalter, is a collection of 150 individual and corporate Psalms/hymns/ poems. There are divided into 5 sections and each section closes with a Doxology. Many of them are linked to David, but modern scholars’ question some of the references to him.

In the coming weeks, I’ll put inserts into the Bulletin explaining the origin of the Psalm I’ll be preaching on, it’s composition, and a little about the circumstances surrounding its authorship.

Vestry Meeting Information

Here is a summary of the vestry meeting on February 19, 2020. John Bolte reviewed the newly financial statements via telephone. This simplified format still includes income and expenses, but in fewer pages.

Pastor Beverly reviewed her monthly activities including the upcoming Lenten schedule and special features of the Lenten services such as the use of a specially made bread loaf instead of wafers. She also informed the vestry that she wants to return to 9:00 services on May 3rd rather than in the middle of the Lenten season.

Bill Moon presented vendor quotes for the ongoing window project. He quoted a price of about \$1500 to cover and protect the Magruder memorial window with plexiglass. This bid was accepted by the vestry and this project will commence. Bill also presented quotes for other window project including covering the small windows in front of the church and replace the windows in the Guild Hall.

Finally, the vestry agreed to accept the annual parochial report, which is due on March 31st and decided to install security cameras throughout the church.

Looking for a way to serve Saint Thomas? Consider signing on as a member of the vestry.

Joke of the Month: Prayer of Saint Patrick

Joke of the Month: A Saint Patrick’s Day Prayer

May those that love us, love us
And those that don’t love us,
May God turn their hearts,
And if He doesn’t turn their hearts,

May He turn their ankles,
So, we shall know them by their limp.

March Birthdays

Dana Riley – March 1st
Ron Thomas – March 17th



Grant that they may grow in wisdom and grace and strengthen their trust in your goodness all the days of their lives.
Please let us know the date of your birthday or anniversary so that we may include it in future editions of the newsletter.

Recipe of the month

Welsh Cakes in honor of Saint David's Day Recipe of the Month: Welsh Cakes

Anne Butcher made these cakes on the first Sunday in March in honor of Saint David's Day.

Ingredients:

2 cups self-rising flour

½ stick margarine

½ stick butter

¾ cup sugar

3 oz currants or sultanas
(golden raisins)

2 eggs

Little milk

Pinch of salt

1 tsp nutmeg

Sieve flour and salt into a mixing bowl. Cut up butter and margarine and rub in[to flour] with fingertips until mixture resembles fine breadcrumbs. Add sugar and fruit and stir in beaten eggs, mix to a stiff dough, add a drop of milk if necessary. Place on a floured surface, knead lightly and roll out to ¼ inch thickness. Cut with fluted, 2 inch pastry cutter. Cook on a pre-heated lightly greased planc (griddle) over slow heat until golden brown on both sides. Cool on a wire

Meet St. David, Patron Saint of Wales

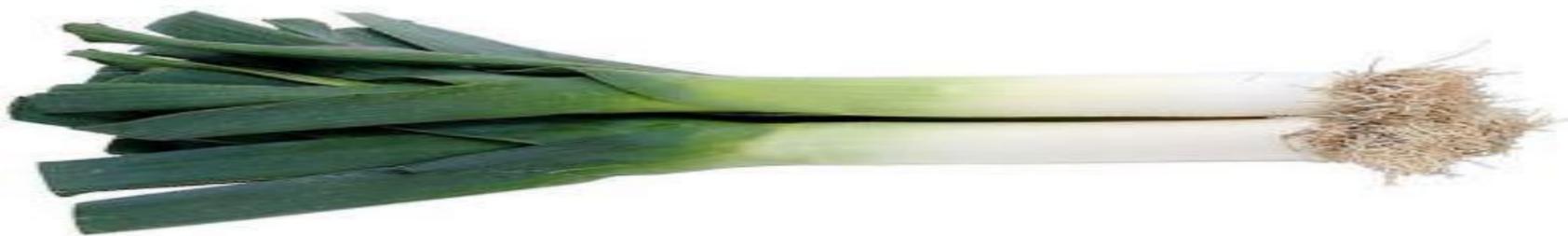
March 1st is St. David's Day and a national day of celebration in Wales, celebrated since the 12th Century. Today celebrations involve singing traditional songs followed by a tea served with Welsh fruited bread and Welsh cake. Young girls wear traditional costumes and leeks or daffodils, national symbols of Wales are worn.

St. David was purportedly born on a cliff top near the South-West coast of Wales during a fierce storm. Both his parents were descended from Welsh royalty. He was the son of Sandde, Prince of Powys, and Non, daughter of the chieftain of Menevia. The site of St. David's birth is marked by an ancient chapel that is now in ruins. A second 18th century chapel dedicated to Non stands near the site.

St. David was educated at the Hen Fynyw monastery, his teacher being the blind monk, Paulinus. David stayed there for many years before going forth on his missionary travels. Legend says that he healed Paulinus of his blindness.

St. David travelled throughout Wales, where he established several churches. He also travelled to the south and west of England and Cornwall as well as Brittany. It is thought that he also visited Ireland. Two friends of his, Saints Padarn and Teilo, are said to have accompanied him on his journeys, and they once went together on a pilgrimage to Jerusalem to meet the Patriarch.

Perhaps the most well-known story regarding St. David's life is said to have taken place at the Synod of Llanddewi Brefi. They were to decide whether David was to be Archbishop. A great crowd gathered at the synod, and when David went to stand before them, someone in the congregation shouted, 'We can't see or hear him.' At that instant the ground rose up under David's feet until everyone could see and hear him. Needless to say, it was decided, that David should be the new Archbishop.



The leek, national symbol of Wales.

Contact Information

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Service Time and Office Hours

Sunday Service: 10:00 AM

All are welcome at our communion table.

Office Hours: Mon, Wed, Fri 10:30 AM-2:30 PM